

Using the Prima Walker with chairs —

Sitting Down

- Position yourself with your back to the chair that you want to sit down in. Make sure you can feel where the chair is on the back of your legs.
- Place one hand behind you to find the arm of the chair, once stable use your second hand to find the other arm of the chair and then slowly lower yourself onto the seat.

Standing Up

- Place the walker in front of the chair.
- Stand up from the chair using the chair arms. When stood up, with one hand at a time, reach for the walker handgrips and steady yourself behind the walker before beginning to walk.

Warranty Details —

Your Prima Walker is warranted to be free of defects in materials and workmanship for one year from date of purchase.

This device was built to exacting standards and is carefully inspected prior to shipment. This warranty is an expression of our confidence in the materials and workmanship of our products and our assurance to the customer.

In the event of a defect covered by this warranty, we will at our option supply parts or replace the device.

This warranty does not cover device failure due to owner misuse or negligence, or normal wear and tear. The warranty does not extend to non-durable parts (such as rubber accessories, castors and grips) which are subject to normal wear and need periodic replacement.

PRIMA



Walking Frame

WA04032

Walking Frame with Wheels

WA04033



CareCo UK Limited, Hubert Road,
Brentwood, Essex, CM14 4JE

USER MANUAL

Safety Precautions

Before using your Prima Walker please follow the precautions listed below:

- Ensure all the legs are set to the same height.
- Ensure the walker is set to the correct height for the user.
- Ensure all the push buttons are securely locked
- User weight limit - 25 stone (160kg)
- Inspect the walker and all its parts regularly for signs of damage
- Use caution when using on slippery or uneven surfaces.



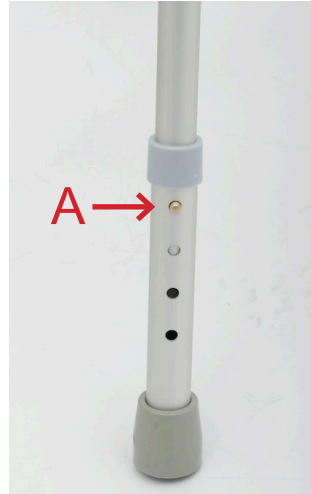
NOTE: Please check with a health specialist before using this product.

Specification

	Prima Walker WA04032	Prima Walker with Wheels WA04033
Height	910mm	910mm
Width	570mm	570mm
Depth	530mm	510mm
Product Weight	2.5kg approx.	2.5kg approx.
Max User Weight	160kg (25 stone)	160kg (25 stone)

Height Adjustment

The Prima Walker has multiple height settings so you can find the safest and most comfortable height for you.



To adjust the leg height push in the brass buttons (A) and slide the leg up or down to change the height. When the right height is found, make sure the brass buttons have popped through the holes and are securely in position. Repeat this same process on the other legs until all the legs are the same height.



NOTE: For the Prima Walker with Wheels (WA04033) set the rear legs 1 hole higher than the front legs to allow for the height difference.



CAUTION: Please check with a health specialist to ensure you have the walker set to the right height.

Using the Prima Walker

Using the Prima Walker safely:

- If using to get in and out of a chair please ensure the chair has arms and a high seat.
- Ensure your pathway is clear of loose flooring, slippery surfaces etc.

- Avoid uneven or wet surfaces.
- The Prima walker should be cleaned regularly using mild disinfectant and a cloth.
- In the event of an accident, you should inspect the Prima Walker to ensure no damage has been caused.

Walking with the Prima Walker

Place the Walker one step ahead of your body and place the all the legs securely on the floor. For the wheeled walkers, simply push the walker a short distance ahead of you.

Use the walker to assist you, step forward, be sure to not step too far into the frame. Repeat this process to safely move from A to B.



GLIDE CAPS: The Prima Walker comes with glide caps that are used to help move across surfaces such as carpet. Please note these should only be used on suitable indoor surfaces.

To attach the glide caps, simply push them on to the ends of the rear ferrules. To detach, pull down on the caps.



CAUTION: We recommend you consult a health specialist before using the glide caps.